Family Literacy First

Activity Book

Module 6: The Family Dinner

Welcome to *Family Literacy First*, a program created to bring together parents and children to have fun while learning as a family. Developed by ABC Life Literacy Canada with the understanding that parents are a child's first and most important teacher, each Module takes the entire family on an exciting journey to learning.

FamilyLiteracyFirst.ca

ABC LifeLiteracyCanada

Story

The Family Dinner

Danny tipped the basketball into the net.

The clock counted down and the buzzer blew.

Game over.

“Close game,” Danny said. “Maybe next time we’ll win.”

“I’m starving,” said Omar. “Let’s go to my place and order pizza.”

Danny and Omar took the city bus to Omar’s apartment.

They ordered a large pizza with six toppings: pepperoni, mushrooms, green peppers, onions, black olives and extra cheese.

And they ate the whole pizza.

It was Saturday. No school.

The doorbell rang.

“Danilo!“ Danny’s dad called.

Danny’s family always used his Filipino name.

He wished they would call him Danny, especially in front of his friends.

Omar stood at the door.

“Want to shoot some hoops?”

“Sure,” Danny said, grabbing his jacket.

Danny’s dad stopped him. “Lola and Lolo are here for family dinner, Danilo.”

Danny’s dad turned to Omar.

“Lola is grandma in Tagalog, and Lolo is grandpa. Would you like to join us?”

“Alright!” Omar said. “I’m starving.”

"You're always starving," Danny thought.

Why had his dad asked Omar to stay?

Filipino food had ingredients like jackfruit and cassava and coconut.

What would Omar think? They weren't having a large pizza with six toppings.

Maybe he could convince his dad to order pizza.

But dinner smelled so good. Lola made the best cassava cake and rice balls, too.

The boys played sipa with Danny's dad and Lolo until dinner was ready.

"It's a lot like hacky sack," Omar said, kicking the small ball into the air with his legs.

At dinner, Omar asked for second helpings.

"Sarap!" Lolo said.

"Sarap is the word in Tagalog for delicious," Danny's dad explained.

"Sarap!" Omar said, taking another piece of cassava cake.

And Danny did, too.

Monday night at the championship game...

The basketball game was almost over.

"Danilo!" Omar yelled.

Danny caught Omar's pass. He took the shot and made the basket. Two points!

The buzzer blew and the game ended.

They won the game!

The team was jumping up and down and cheering loudly.

Danny high-fived Omar and said, "Let's go celebrate with a pizza!"

Omar laughed and said, "I'd rather have cassava cake at your place... it's way better than pizza!"

Glossary *(Definitions of Story Words)*

Buzzer: A device that makes a buzzing sound. It's often used in sports games to let you know when a team gets a point, or when the game starts or stops.

Cassava: A type of small tropical tree. You can eat its roots.

Jackfruit: A large, sweet tropical fruit.

Shoot Hoops: To play basketball.

Sipa: A traditional sport in the Philippines. Two teams try to kick a soft ball over a net, but you can only touch the ball with your foot or leg below the knee.

Toppings: A food that you put on top of another type of food to add flavour.

Elements of a Story

Elements of a Story: The pieces of a story that come together to make it complete. Story elements include character, setting and plot.

Character: The people or animals in the story.

Conflict: The problem in the story that needs to be addressed or fixed.

Plot: What happens in the story.

Setting: Where and when the story takes place.

Theme: A story's main idea.

Kitchen Treasure Hunt

Getting Ready

A **recipe** tells you how to cook something. It tells you what to do **step by step**.

Look around your kitchen. Can you find these tools that are used when following a recipe?

Match the pictures to the words.

measuring cup

saucepan

mixing bowl

wooden spoon

measuring spoons

baking pan

Try This

Look at the measuring cup. Why are numbers on it?

- Find the mark for 1 cup. Fill the measuring cup with 1 cup full of water.
- Find the mark for ½ cup. Fill the measuring cup with ½ cup of water.
- Find the mark for ¼ cup. Fill the measuring cup with ¼ cup of water.

Bonus Challenge:

If you and your friend have an 8 slice pizza, and you each eat ½ of the pizza, how many slices of pizza did you each eat?

Hint: Draw 8 slices of pizza to help you figure it out.

Answer:

4 slices

Recipe for Marshmallow Rice Puff Treats

Try making this tasty gooey **recipe**.

Ingredients are the things you'll need. Collect all the ingredients before you get started:

- 3 **tablespoons** butter
- 4 **cups** miniature marshmallows or 40 regular sized marshmallow
- 6 **cups** puffed rice cereal

What to Do

1. Get a 9" x 11" baking pan. Coat the sides and bottom with butter so the treats won't stick to the pan.
2. Get a large saucepan. Add 3 tablespoons of butter. Melt the butter on the stovetop over low heat.
3. Add marshmallows to the saucepan. Stir until completely melted.
4. Remove the saucepan from the heat.
5. Add the puffed rice cereal to the mixture. Stir until everything is mixed together.
6. Spread the gooey mixture into the baking pan. It will be sticky!
7. Let your marshmallow rice puff treats cool completely. Cut it into pieces. Enjoy with your family and friends.

Kid Friendly Tip!

Remember the stovetop and saucepan get hot. Be careful around them. Listen to the adult helping you.

Did You Know?

1 tbsp = 1 tablespoon

1 tsp = 1 teaspoon

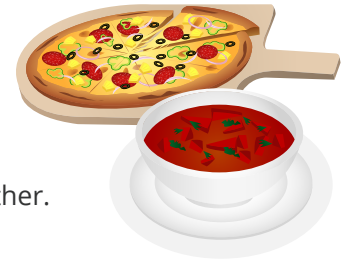
Safety Note:

Kids: Only make this recipe with an adult's help.

Adults: Supervise children carefully when making this recipe, especially around the stovetop and oven.

A Menu for You

Mmmmmm...



- What is your favourite family meal? Describe it or draw a picture.
- Is there a recipe that has been "passed down" between generations in your family? Maybe as part of a holiday or tradition? Ask your parents, grandparents, or another family member about it. Try the recipe together.

Plan a special meal with your family

Get each family member involved. Ask each person what they would like to add as part of the meal. Write it down.

Family member	Food
1.	
2.	
3.	
4.	
5.	
6.	
7.	

Now decide on the **menu** for your family meal. A **menu** is a list of the food you eat as part of a meal. Create your family menu. Include something for everyone!

Try This

- What ingredients do you need to make your family meal? Write or draw a list.
- Do you have the ingredients at home? What ingredients do you still need?
- Make a grocery list. Go grocery shopping as a family.
- Help make the family meal. Help clean up after, too!

OUR FAMILY menu

Another Idea:

Cut and paste pictures from grocery flyers to create your menu.

Time Capsule

Build a family time capsule.

Here's how:

1. Find a box. Decorate it . Write the date on the box.

   _____ _____ _____
   Month Day Year

2. Put one item into the box that shows something about you.

3. Write a note telling why you picked that item, or have someone help you write it. Put the note in the box, too.
4. Have each family member do the same. Put the box away, maybe under your bed or in a closet.
5. Plan to open the box in one year. Mark that date on a calendar.
6. In one year, open the box together. Look at the items and read the notes. What has changed since you made the box?

Try This

- What are the days of the week? The months of the year? See if you can say them aloud.
- Find the month of your birthday on a calendar. Now find the day. Find other dates important to you and your family.
- Make a calendar. Draw pictures for each month. What do you do in the Spring? Summer? Fall? Winter?
- Look for different kinds of calendars. Can you find a wall calendar or the calendar on a cell phone or tablet?
- Make a journal using an empty notebook. Put the date at the top of each page. Each day, write about something you did or saw. Draw a picture of it.

School Days

Do a time capsule at school with your class. Open it up on the last day of school.

I'd Rather...

Use the cards on the following pages to imagine different situations and talk about them.

- Would you rather play basketball or soccer?
- Would you rather play tag or sipa?
- Would you rather eat a piece of carrot cake or cassava cake?

Print and cut out the "I'd Rather" cards. Put the cards face down. Draw two cards at a time. Which card tells about something you would rather do? Pick that card.

Draw pictures of your choices. Put yourself in the picture.

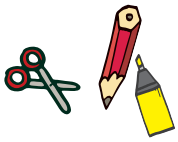
Make your own cards using the blank ones on the following pages. Add them to the game.

What You'll Need:

game card pages

safety scissors

coloured markers or pencils



play basketball	play soccer	play tag
play sipa	eat a piece of carrot cake	eat a piece of cassava cake
go swimming	go fishing	fly
run super fast	have purple hair	have green hair
climb a tree	climb a mountain	be a chef

I'd Rather...

I'd Rather...

I'd Rather...

I'd Rather...

I'd Rather...

I'd Rather...

I'd Rather...

I'd Rather...

I'd Rather...

I'd Rather...

I'd Rather...

I'd Rather...

I'd Rather...

I'd Rather...

I'd Rather...

be a fire fighter	ride a horse	ride an elephant
play in the snow	play at the beach	pet a lizard
pet a skunk		

I'd Rather...

I'd Rather...

I'd Rather...

I'd Rather...

I'd Rather...

I'd Rather...

I'd Rather...

I'd Rather...

I'd Rather...

I'd Rather...

I'd Rather...

I'd Rather...

I'd Rather...

I'd Rather...

I'd Rather...